

MATERIA: INGLÉS

**INSTRUCCIONES GENERALES Y VALORACIÓN**

**INSTRUCCIONES:** Lea el texto cuidadosamente, así como las preguntas. Conteste a las preguntas en lengua inglesa.

**DURACIÓN:** 60 minutos

**CALIFICACIÓN:** La valoración máxima de cada pregunta se indica en cada parte del ejercicio.

**A bad marriage can seriously damage your health, say scientists**

A bad marriage with frequent conflicts could have a serious negative impact on your health, according to psychologists. The researchers at the universities of Nevada and Michigan monitored 373 heterosexual couples to investigate whether disagreeing about multiple topics – such as children, money and leisure activities – had negative health implications. “We followed married couples over the first 16 years of marriage and compared the health of wives and husbands who reported a greater number of conflict topics to those who reported fewer,” explained Rosie Shrout, who presented the preliminary results at the International Association for Relationship Research conference in Colorado.

The researchers found that marital conflict negatively affected health for both spouses, although there was a greater impact of conflict on men than women. Partners who agreed with each other more experienced health benefits early on in their relationships, but this protective effect wore off in the later years of marriage.

Conflict in a relationship can lead to damaging responses in the body such as changes in appetite and an increased release of stress hormones, all of which can affect numerous aspects of health ranging from heart function to the immune system.

Veronica Lamarche, a professor of social psychology at the University of Essex who was not involved in the study, warned that these bodily responses to relationship conflict can cause long-term damage.

“It isn’t the case that a single fight in a relationship will irreparably harm your health, but frequent fighting over many years will take a toll – it’s important to work on communicating with each other effectively to help minimize conflict.”

Adapted from *The Guardian* (Mon 16 Jul 2018): <https://www.theguardian.com/>

**Note:**

- Wore off = decreased, lost intensity
- take a toll = have a bad effect on someone or something, especially over a long period of time

**MATERIA: INGLÉS**

1. Are the following sentences TRUE or FALSE according to the text? Justify your answer copying the evidence from the text. No marks are given for only TRUE or FALSE. (Puntuación máxima: 2 puntos)

- a. Psychologists found out that couples who disagree often have poorer health.
- b. To carry out this experiment, 373 married couples were monitored over 10 years.
- c. A psychologist explained that occasional marital conflicts do not cause long-term damage.
- d. Veronica Lamarche presented the results of this investigation in a conference in Colorado.

2. Find a synonym in the text for each one of the following terms (puntuación máxima: 2 puntos)

- 1<sup>st</sup> paragraph: constant
- 2<sup>nd</sup> paragraph: husbands and wives
- 3<sup>rd</sup> paragraph: hunger
- 4<sup>th</sup> paragraph: damage

3. Choose the right word for each gap: (Puntuación maxima: 2 puntos)

Previous investigations (shows/have shown) \_\_\_\_\_ that married people tend to live healthier (lives/lives) \_\_\_\_\_ than those who are divorced, widowed or never married. They have (good/better/best) \_\_\_\_\_ psychological wellbeing, they are (fewer/less/no) \_\_\_\_\_ likely to develop illnesses, and they heal faster when they are sick.

4. The results of this study might challenge the notion that marriage is always a good thing when it comes to health and wellbeing. In your own words and based on the ideas from the text, what is your opinion about the study presented in the text? Be careful with the grammar and write a maximum of 100 words. (Puntuación máxima: 4 puntos)

### SOLUCIONES

1. Are the following sentences TRUE or FALSE according to the text? Justify your answer copying the evidence from the text. No marks are given for only TRUE or FALSE. (Puntuación máxima: 2 puntos)

a. Psychologists found out that couples who disagree often have poorer health. **TRUE**

“A bad marriage with frequent conflicts could have a serious negative impact on your health, according to psychologists”

b. To carry out this experiment, 373 married couples were monitored over 10 years. **FALSE**

“We followed married couples over the first 16 years of marriage”

c. A psychologist explained that occasional marital conflicts do not cause long-term health damage. **TRUE**

“It isn’t the case that a single fight in a relationship will irreparably harm your health”

d. Veronica Lamarche presented the results of this investigation in a conference in Colorado. **FALSE**

“Rosie Shrout, who presented the preliminary results at the International Association for Relationship Research conference in Colorado”

2. Find a synonym in the text for each one of the following terms (puntuación máxima: 2 puntos)

- 1<sup>st</sup> paragraph: constant = frequent
- 2<sup>nd</sup> paragraph: wives and husbands=spouses
- 3<sup>rd</sup> paragraph: hunger = in appetite
- 4<sup>th</sup> paragraph: harm =damage

3. Puntuación máxima: 2 puntos:

Previous investigations **have shown** that married people tend to live healthier **lives** than those who are divorced, widowed or never married. They have **better** psychological wellbeing, they are **less** likely to develop illnesses, and they heal faster when they are sick.

4. Respuesta libre (Puntuación máxima: 4 puntos)

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### CRITERIOS ESPECÍFICOS DE CORRECCIÓN

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**Pregunta 1:** Hasta 2 puntos. Se trata de medir exclusivamente la comprensión lectora. Se debe decidir si cada una de las cuatro frases que se presentan es verdadera o falsa, copiando a continuación el fragmento del texto relevante que justifique su elección. Dar sólo el número de línea/s en el que se encuentra la evidencia del texto no será una respuesta válida. Se otorgará 0,5 puntos por cada frase correcta. Se calificará con 0 puntos la opción elegida que no vaya justificada con la evidencia relevante del texto o en la que exista una contradicción entre la cita elegida y la veracidad o falsedad de la enunciación.

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**Pregunta 2:** Hasta 2 puntos. Esta pregunta trata de medir el dominio del vocabulario. En esta pregunta hay que localizar cuatro sinónimos ubicados por párrafos y adecuados al contexto. Cada uno de ellos se evaluará con un máximo de 0,5 puntos.

**Pregunta 3:** hasta 2 puntos. Con esta pregunta se quiere comprobar los conocimientos gramaticales del alumno. Al tratarse de rellenar espacios, se dividirá la puntuación dando 0,5 puntos por cada espacio rellenado correctamente.

**Pregunta 4:** Hasta 4 puntos. Se trata de una composición de 80 a 100 palabras con el objetivo de medir la capacidad de expresión libre en inglés. Se propone una única opción de respuesta. Se otorgarán un máximo de 2 puntos por el buen dominio de la lengua –léxico, estructura sintáctica, etc.- , 1,5 puntos por la adecuación en la expresión de las ideas -*organización, coherencia, link words*, etc. – y, finalmente, 0,5 puntos por la originalidad en la respuesta.